



PARTNERS

FAMILY SERVICES

COMMUNITY RESOURCES

Updated January 2020

PARTNERS Family Services Programs & Services

Family Support Program

In home family support and education to increase knowledge of healthy parenting practices.

Adult Counselling

Individual counselling for adults 24 years of age and up who are affected by mental illness, stress or other problems in the daily living.

Youth Counselling

Individual counselling for youth under 24 years of age focusing on providing practical support to assist you.

Walk in Counselling

Children, youth, adults or couples may access Free and Confidential counselling. Present at our clinic locations, and you will be able to see a qualified counsellor the same day. Please go to our website or call 306-682-4135 for a list of Walk in locations and dates.

Interpersonal Violence and Abuse Program

Immediate access to safe supports and services for those experiencing or a risk of experiencing interpersonal violence.

Crisis Intervention Program

Immediate and short term care for individuals who are experiencing crisis due to an event that has happened and need immediate support in order to remain safe.

Triple P (Positive Parenting Program)

An evidenced-based program for caregivers of children 0-12 years of age delivered individually, in groups or online.

Children Exposed to Violence Program (CEV)

Therapeutic group and individual counselling for children and youth who have experienced violence in their life.

Other Services we offer:

Adult Anger Management, Keeping my Cool (12-17yrs), Taming My Temper (7-11yrs), Trauma Sensitive Yoga, Art Therapy (for adults, teens and Youth), Women's Domestic Violence Support Group

Please contact **PARTNERS Family Services** about our upcoming Programs and Services

Phone: 306-682-4135 Fax: 306-628-4154

231 B Main Street – PO Box 2741

Humboldt, SK S0K 2A0

Email: admin@partnersfamilyservices.ca

www.partnersfamilyservices.ca

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Addictions

Humboldt Addiction Services (SHA Intake)	306-682-5333
Al-Anon/Alateen (Mondays at 8 pm St. Andrew's Church).....	306-682-2304
Alcoholics Anonymous.....	306-682-3761

AA Meetings – Humboldt Hospital:

Mon- 8 pm, Tues – 7:30 pm, Wed – N/A, Thurs – 8 pm, Fri – 7:30 pm, Sat – 9:30 am, Sun – N/A

Basic Needs

Housing

Humboldt Housing Authority.....	306-682-2705
Crisis Nursery (Saskatoon).....	1-306-242-2433
Interval House (Saskatoon).....	1-306-244-0185
Isabel Johnson Shelter (YWCA-Regina)	ext .114 1-306-525-2141
NEOSS Crisis Line (Melfort).....	1-800-611-6349/1-306-752-9455
Prince Albert Safe Shelter (Prince Albert)	1-306-764-7233
Qu'Appelle Haven Safe Shelter (Ft. Qu'Appelle)	1-888-332-7233
Safe Haven (Yorkton).....	1-887-444-2836
Salvation Army Bethany Home (Saskatoon).....	1-306-244-6758
Shelwin House (Yorkton).....	1-888-783-3111
Transition House (Regina).....	1-306-569-2292
WISH Safe Shelter (Regina).....	1-306-543-0493
YWCA Crisis Shelter (Saskatoon).....	1-306-244-2844

Food

Humboldt Food Bank (open Tuesdays 2-4 pm)	306-231-9970
Lanigan Food Bank.....	306-365-2416, 306-365-3033 or 306-365-7178
Soup Kitchen Tuesday @ 5 pm	306-231-5433
Friendship Inn (Saskatoon).....	1-306-242-5122

Income Assistance

Income Assistance (Lisa Aasen – Melfort)	1-306-752-6105 or 1-800-487-8640
Client Service Centre (Regina).....	1-866-221-5200

Churches

Alliance Church.....	306-682-0967
Westminster Church.....	306-682-2799
All Saints Ukrainian Catholic Church.....	306-682-2165
First Baptist Church.....	306-682-2914
Humboldt Bible Church.....	306-682-4426
Kingdom Hall of Jehovah’s Witnesses.....	306-682-5015
Living Word Church International.....	306-682-2243
St. Andrew’s Anglican Church.....	306-682-2216
St. Augustine Catholic Church.....	306-682-2106
St. John’s Lutheran Church.....	306-682-2590
Renewed Life Ministries (Pentecostal).....	306-320-1895
Humboldt Ministerial Association.....	306-682-2243

Health Care

Hospitals

Humboldt District Hospital.....	306-682-2603
Cudworth Health Centre.....	1-306-256-3443
Watrous.....	1-306-946-1200
Lanigan.....	1-306-365-1400
Wynyard.....	1-306-554-2586
Wadena.....	1-306-338-2515

Clinics

Humboldt Medical Clinic.....	306-682-2618
Family Physicians Clinic.....	306-682-4377
Wakaw Primary Health Clinic.....	306-233-4611
Cudworth Medical Clinic.....	306-256-3423
Bruno Clinic.....	306-369-2373
Watrous Primary Health Clinic.....	306-946-1241
Lanigan and District Medical Clinic.....	306-365-1234
St. Brieux Medical Clinic.....	306-275-3330
Naicam Medical Clinic.....	306-874-2353
Watson Clinic.....	306-287-3344
Quill Lake Health Clinic.....	306-383-2266
Wadena Medical Clinic.....	306-338-2597
Wynyard Clinic.....	306-554-3363

Other

Health Line.....	8-1-1
Humboldt Palliative Care.....	306-682-2609
Humboldt Home Care.....	306-682-2609
Humboldt Ambulance and Direct Service Admin Line.....	306-682-5556
Wynyard Community Dietitian and Occupational Therapy.....	306-554-2586
Wynyard Special Services Bus.....	306-554-7608
Humboldt Public Health.....	306-682-2626
Humboldt Hospital – Therapies.....	306-682-8105

Information/Help Lines

Kids Help Phone.....	1-800-668-6868
AIDS Information Line.....	1-800-667-6876
Bridgepoint Center for Eating Disorders.....	1-306-935-2240
Farm Stress Line.....	1-800-667-4442
Gay and Lesbian Health Services	1-306-665-1224 or 1-800-358-1833
Sexual Health Centre (Saskatoon).....	1-306-244-7989
Prince Albert Sexual Assault Centre (Prince Albert)	1-306-764-1039
Prince Albert Mobile Crisis (Prince Albert)	1-306-764-1011
Regina Crisis/Suicide Information Line.....	1-306-525-5333
Regina Mobile Crisis.....	1-306-757-0127
Regina Sexual Assault Line (24 Hours)	1-306-352-0434
Saskatoon Mobile Crisis (24 Hours)	1-306-933-6200
Saskatoon Sexual Assault Centre - Crisis Line (24 Hours)	1-306-244-2224
Sexual Assault Services of Saskatchewan	1-306-757-1941
Poison Control.....	1-866-454-1212
Health Line.....	8-1-1
Universal Emergencies.....	9-1-1
Community & Social Services Resources/Referrals.....	2-1-1

Justice/Legal

RCMP

Humboldt.....	1-306-682-2535/fax 306-682-5566
Wadena.....	1-306-338-6500
Lanigan.....	1-306-365-1370
Wakaw.....	1-306-233-5810
Melfort.....	1-306-752-6420
Watrous.....	1-306-946-3316
Greenwater/Rose Vall.ey.....	1-306-322-2550
Wynyard.....	1-306-554-5550

Victim Services

Humboldt Victim Services.....(Teresa Vandenberghe)	306-231-9911/fax 306-975-4538
Parkland Victim Services (Yorkton).....	1-306-786-4510
Gateway Regional Victim Services (Prince Albert area).....	1-306-765-5574
P.A. Victim Services (Prince Albert).....	1-306-953-4357
Regina Regional Victim Services (Emerald Park).....	1-306-781-5065
Regina Victim Services (Regina).....	1-306-777-8660
Saskatoon Victim Services (Saskatoon).....	1-306-975-8400/fax:306-975-8401

Legal Aid

Rural Legal Aid.....	306-933-7855/1-877-424-1899
Melfort Aid Commission.....	1-877-424-1901
Prince Albert Area Office	1-877-424-1900
Regina City Area Office.....	1-877-424-1897
Regina Rural Area Office.....	1-877-424-1906
Saskatoon City Area Office.....	1-877-424-1898
Saskatoon Rural Area Office.....	1-877-424-1899
Yorkton Area Office.....	1-877-424-1904
Plea.....	plea@plea.org.....1-306-653-1868

Mental Health (Free Service)

Mental Health Services

Humboldt Mental Health Intake.....	1-306-682-5333
Wakaw.....	1-306-233-4020
Lanigan, Nokomis, Strasbourg, Watrous, Wynyard.....	1-306-365-3400
Wadena.....	306-365-3400/Addictions 306-682-5333

Counselling (Fee for Service)

Deborah Bryson (Humboldt).....	1-306-361-6373
Renewed Hope.....	1-306-231-6828

Report Abuse

Child Protection

Ministry Social Services Child and Family Programs.....	1-306-933-5961
Emergency Child Abuse Intake Crisis Line – Rural.....	1-306-933-5069
Family Support Center.....	1-306-933-7751

Senior Abuse and Neglect Response Lines

Prince Albert Mobile Crisis (Prince Albert)	1-306-764-1011
Regina Mobile Crisis Services - General Crisis Line (24 Hours).....	1-306-757-0127
Saskatoon Crisis Intervention Service (24 Hours).....	1-306-933-6200

Schools

Humboldt Schools

Humboldt Co-operative Preschool.....	1-306-231-3916
Carlton Trail College.....	1-306-682-2623
Humboldt Public School.....	1-306-682-2684
St. Augustine School.....	1-306-682-1050
St. Dominic School.....	1-306-682-1080
Humboldt Collegiate Institute.....	1-306-682-1010
St. Peter's College.....	1-306-682-7888

Other Schools

Annaheim School.....	1-306-598-2110
Bruno School.....	1-306-369-2541
Cudworth School.....	1-306-256-3411
Drake School.....	1-306-363-2142
Englefeld School.....	1-306-287-3568
Lake Lenore School.....	1-306-368-2333/306-368-2400
Lanigan Central High School.....	1-306-365-2830
Lanigan Elementary School.....	1-306-365-2011
Leroy School.....	1-306-286-3313
Muenster School.....	1-306-682-4538
Nokomis School.....	1-306-528-2191
Quill Lake School.....	1-306-383-4114/306-383-2533
St. Brieux School.....	1-306-275-2133
Three Lakes School (Middle Lake).....	1-306-367-2122
Viscount Central School.....	1-306-944-2027
Wadena Composite High School.....	1-306-338-2235
Wadena Elementary School.....	1-306-338-2455
Wakaw School.....	1-306-233-4683
Watrous Elementary School.....	1-306-946-3366
Watson School.....	1-306-287-3535
Winston High School (Watrous).....	1-306-946-3309
Wynyard Composite High School.....	1-306-554-2539
Wynyard Elementary School.....	1-306-554-2325

Other Community Services

Humboldt and District Community Services.....	1-306-682-1455
Humboldt Regional Newcomer Centre.....	1-306-682-4277
Humboldt Big Brothers & Big Sisters.....	1-306-682-2829
Welcome Wagon.....	1-306-682-2911
Futuristic Industries.....	1-306-682-2822
Safe Communities.....	1-306-682-0705
Reid Thompson Public Library.....	1-306-682-2034
Humboldt Food Bank.....	1-306-231-9970

Other Services

SaskEnergy	1-800-567-8899
SaskPower.....	1-888-757-6937
SaskTel.....	1-800-727-5835
City of Humboldt – Utilities.....	1-306-682-2525
Good Neighbourhood Store.....	1-306-682-5502
Direct Drive Taxi & Delivery.....	1-306-320-9555
Humboldt Mobility Van (City Clerks Office) – Application required for service.....	1-306-682-2525
Humboldt Mobility Van (Murray) – for registered clients to schedule pick ups.....	1-306-320-7051
Animal Health Clinic of Humboldt.....	1-306-682-2583
Bella Vista Inn.....	1-306-682-2686
Canalta Hotel.....	1-306-682-4731
Pioneer Hotel.....	1-306-682-2638
Windsor Hotel.....	1-306-682-5111
SPCA.....	1-306-682-5550
Malinoski & Danyluik Funeral Home.....	1-306-682-1622
Schuler - Lefebvre Funeral Chapel.....	1-306-682-4114
St. Mary's Villa.....	1-306-682-2628
Behiel Tax & Accounting.....	1-306-682-1410
REACT – Garbage and Recycling.....	1-306-682-1955
Jumpstart.....	1-306-682-6299
Humboldt Special Olympics.....	1-306-682-5839

(Includes Special Olympics Sports and Swimming)