

CEC Early College

Today's Date: _____ Target Date: _____

Date Achieved: _____

Goal: _____
(Be specific... Don't say get better grades, instead say I want to raise my CRJ grade from a C to a B.)

Verify that your goal is SMART

Specific: *What exactly will you accomplish?*

Measurable: *How will you know when you have reached this goal?*

Achievable: *What resources do you need to achieve this goal? How will you use the resources*

Relevant: *Why is this goal significant to your life? Why is it important to you? What does this mean for your future?*

Timely: *When will you achieve this goal? Be specific.*

What do you need to do to achieve this goal? Be specific

The benefits of achieving this goal will be: One short term goal and one long term goal

Take Action!

Potential Obstacles

Potential Solutions

Who are the people you will ask to help you? What questions will you ask them?

Specific Action Steps: *What steps need to be taken to get you to your goal?*

What?

Expected Completion Date

Completed

Student Signature: _____ *Parent Signature* _____