

Menu Features



Adults spend 60% of their waking hours at work. Research has shown that healthy environmental supports in the workplace setting are an essential step toward heart health.

In our total food service commitment, Encore Cafe acknowledges the continuing scientific information which clearly links the importance of diet with heart disease and stroke.

This year, we introduce our Heart Smart Program. Less total fat, less saturated fat and less salt will be key components of the recipes used in this section.





This year, Encore Café is proud to introduce our selection of "Gluten-Free" menu items. A gluten-free diet is the only medically accepted treatment for celiac disease and those with a wheat allergy.

Gluten-Free breads and cereals as well as pasta dishes and gluten-Free pizza's are all on the menu in 2011.

