REVISED JULY 2, 2020

MINIMUM STANDARD HEALTH PROTOCOLS

☑ CHECKLIST FOR MASSAGE AND OTHER PERSONAL-CARE AND BEAUTY SERVICE CUSTOMERS

All individuals must wear a face covering (over the nose and mouth) wherever it is not feasible to maintain six feet of social distancing from another individual not in the same household except when temporary removal is necessary to receive a service.

The following are the minimum recommended health protocols for all customers receiving massages or personal-care and beauty services not otherwise authorized, including but not limiting to electrolysis, waxing, tattoos, piercings, and hair loss treatment and growth services. These minimum health protocols are not a limit on the health protocols that individuals may adopt. Individuals are encouraged to adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all Texans.

The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.

Please note, public health guidance cannot anticipate every unique situation. Individuals should stay informed and take actions based on common sense and wise judgment that will protect health and support economic revitalization.

Health protocols for customers:

- ☐ Maintain at least 6 feet of separation from other individuals. If such distancing is not feasible, other measures such as face covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced.
- ☐ Self-screen before going into a close personal services establishment for any of the following new or worsening signs or symptoms of possible COVID-19:
  - ☐ Cough
  - ☐ Shortness of breath or difficulty breathing
  - ☐ Chills
  - ☐ Repeated shaking with chills
  - ☐ Muscle pain
  - ☐ Headache
  - ☐ Sore throat
  - ☐ Loss of taste or smell
  - ☐ Diarrhea
  - ☐ Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
  - ☐ Known close contact with a person who is lab confirmed to have COVID-19
- ☐ Wash or disinfect hands upon entering a close personal service establishment and after any interaction with employees, contractors, other customers, or items in the establishment.
- ☐ Wash or sanitize hands after the payment process.
- ☐ **Individuals aged 65 or older are at a higher risk of COVID-19. To the extent possible, avoid contact within 6 feet with individuals aged 65 and older. Individuals aged 65 and older should stay at home as much as possible**.
- ☐ Carry and use hand sanitizer regularly inside the facility to disinfect hands, especially after interaction with individuals outside the household.