

**One Day at a Time**  
**Day 6**  
**Not Sure About Church?**

Many people look everywhere else for help before they go to the church, or they just don't give the church a chance. Perhaps you have had a bad experience there. Do not give up. The church is not a building or a social gathering. The church is a group of people whose lives have been changed because of Jesus. They are not perfect people, but their love and commitment to Jesus is the reason they gather together. There is room for you there. Find a church where the people love Jesus, and they will love you too.

"I'm not a big joiner of any group," says Joanne. "I like to do things by myself. I'm a very stubborn person. But the warmth that I felt from being back in church and learning to develop a more active relationship with my God was a special thing in that time of my life."

God promises in the Bible that He will supply all your needs. These needs include physical, emotional, and spiritual needs. Give God a chance to use the people in His church to help you.

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Jesus, I hesitate to seek help from people in the church for a number of reasons. Please open my heart to see and to accept the love that people in the church have for me that I might not have noticed before. Amen.

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