

## Bereavement

## *Responding to Family Issues* SEMINAR #20:

Ide	entify the Issue	Completing and F.T.R. worksheetApply the Family Values Based Decision Making ModelComplete the practical exercises and videoConnect the needed resources or support servicesComplete a Family Plan of Action for this issue
Purpose:		The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
	Instructions	Bereavement not a process with step by step path for a family to consider when developing their response in how to best create a solution to a family member passing. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews what is included bereavement: Stages of Grief, Complicated Grief, Self Care in Grief. Which of these will the family member need to seek help in solving?
	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
	Key Topic #1: Stages of Grief	Your family members will seek identify what of grief they are in and how the family environment impacts that stage, both negative and positive. Determine can this environment change or circumstances change to meet the family members needs? Also complete the practical exercise in the Seminar Workbook.
	Key Topic #2: Complicated Grief	Each family member will seek clarity as to if complicated grief is a part of their journey and who is in their lives to support them, and what level of support is likely to be shared. Complete the practical exercise in the Seminar Workbook.
	Key Topic #3: Self Care in Grief	Your family members will seek professional tools are used to assess, develop their response to the how one takes better care of themselves. Each will be different.
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## Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar. Clinical Paper Handout, for each seminar.