

We are happy to announce we take insurance!

What plans are accepted?

1199

Atena

Empire plan / Blue cross Blue shield

Cigna

GHI

HealthNet

Maga Care

Medicare complete & AARP - diagnosis driven (you need to have some irregular blood sugar, pre or diabetes, kidney disease, post bariatric surgery)

United Healthcare - ONLY Private & Medicaid Community Plan, choice and community - **NOT OXFORD**

Health first

Health Plus

Medicaid Community plan

Metroplus

Will I have a copay?

Most insurances do not require copayments others will require you to pay a “specialist fee”

What if my insurance plan is not listed?

Call member services (number on the back of your card) and ask:

1. Does my plan cover medical nutrition therapy/nutrition counseling?
2. If yes, how many how many sessions are allowed?
3. **Does my plan require an authorization number? If so, your PCP needs to call your insurance company to submit the referral and obtain an authorization number. We must have that authorization number prior to your appointment in order to submit billing.**
4. Is this benefit limited to specific diagnoses?
5. Do I have a deductible to meet first?
6. Do I need a physician referral? *(If yes, this must be done 3 days prior to your visit)*
7. Do I have a co-pay?

Contact us if you have any questions!